

# 2019-2020 Oak Mountain High School Visual Ensemble Application

**All forms and fees are due to Mr. Feldman, Mrs. Di Piazza, or Mrs. Sheffield no later than Friday, March 29<sup>th</sup>.** Each of these forms is required in order to participate in clinic and tryouts. All forms should be arranged in the order of the checklist below, stapled together, and turned in at the same time.

**Application Checklist:**

1.  Registration fee of \$30.00 (*checks should be made out to OMHS*)
2.  Application Form (*this page*)
3.  Visual Ensemble Signature Page
4.  OMHS (Shelby County) Drug Policy Student Consent/Release Form
5.  Completed Pre-Participation Physical Evaluation Form
6.  OMHS Medical Release and Consent to Participate Form
7.  Copy of child/parent's medical insurance card
8.  Copy of most recent report card

*You can keep the copies of both the Shelby County and OMHS Visual Ensemble Constitutions.*

I'm trying out for ( <i>circle</i> ):		Dance Team	Color Guard	Majorette	JV Majorette
Last Name	First Name	Current Grade			
Street Address	City	Zip			
Home Phone ( <i>if applicable</i> )	Cell Phone	Student Email			
Parent Name(s)	Parent Cell(s)	Parent Email(s)			
Prior Experience with Guard, Dance, or Twirling ( <i>list which discipline, studio names, and number of years of experience</i> )					
Are you interested in competing with dance team, winter guard, or majorettes in the spring? <input type="checkbox"/> yes <input type="checkbox"/> no					
If you are a returning member, are you interested in being a captain or co-captain? <input type="checkbox"/> yes <input type="checkbox"/> no					
Student Signature			Date		
Parent Signature			Date		

## Visual Ensemble Signature Page

### Shelby County Board of Education Majorette, Flags, Drill Team, Dance Team Constitution

I have read this constitution thoroughly and agree to abide by all rules and responsibilities.

\_\_\_\_\_ Date: \_\_\_\_\_  
Student Signature

\_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature

### Oak Mountain High School Visual Ensemble Constitution

I have reviewed the Oak Mountain High School "Spirit of Cahaba" Marching Band Visual Ensemble packet, and we understand the rules, regulations and responsibilities associated with my child's participation in the upcoming tryout selection and season if selected to be a member of these auxiliary groups.

\_\_\_\_\_ Date: \_\_\_\_\_  
Student Signature

\_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature

### Basic Requirements – Visual Ensemble Tryouts

I have read these requirements thoroughly and agree to abide by all rules and responsibilities.

\_\_\_\_\_ Date: \_\_\_\_\_  
Student Signature

\_\_\_\_\_ Date: \_\_\_\_\_  
Parent Signature

**SHELBY COUNTY BOARD OF EDUCATION  
STUDENT CONSENT/RELEASE FORM**

I have read and understand the Shelby County Competitive Extracurricular Substance Abuse Program policy procedures and penalties and agree to abide by these rules regarding the possession and use of prohibited substances. I agree to submit to prohibited substance screenings as outlined in the Shelby County Competitive Extracurricular Substance Abuse Program Policy and Procedures as a condition for my initial or continued participation in competitive extracurricular activities. I specifically consent to allow urine, breath, saliva, and/or hair samples to be taken in accordance with the Board's Drug Testing Agency for testing to determine the existence of prohibited substances. I authorize any laboratory or medical provider to release test results to the Board, the Medical Review Officer, the Drug Program Coordinator, and to local school officials who have a need to know.

I also expressly authorize the Board and/or the MRO to release any test-related information, including positive results (a) as directed by my specific, written consent authorizing release of the information to an identified person, (b) to the finder of fact in any lawsuit, grievance, or other proceeding initiated by or on behalf of myself, and/or (c) under compulsion of law.

I understand that the refusal to submit to testing for the use of prohibited substances will prohibit me from my initial and continued participation in the competitive extracurricular programs offered by the Shelby County Board of Education.

I understand that it is a privilege, not a right, to participate in the competitive extracurricular programs offered by the Shelby County Board of Education, and that I must comply with the Competitive Extracurricular Substance Abuse Policy in order to be given the privilege to participate in these events.

If I choose not to participate in competitive extracurricular programs in the Shelby County School System, then my parent/guardian must contact the drug testing coordinator and make a formal request (in writing) to have my name and social security number removed from the testing pool. If I am removed from a competitive extracurricular program by a coach or sponsor for any reason, my name will continue to be in the testing pool. This will allow me to be eligible if I participate in the next seasonal sport.

Student \_\_\_\_\_

Date \_\_\_\_\_

Parent/Legal Guardian \_\_\_\_\_

Date \_\_\_\_\_

ALABAMA HIGH SCHOOL ATHLETIC ASSOCIATION

Preparticipation Physical Evaluation Form  
Revised 2018

Revised 2018

History

Name \_\_\_\_\_ Sex \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_  
 Address \_\_\_\_\_ Date of birth \_\_\_\_\_  
 School \_\_\_\_\_ Grade \_\_\_\_\_ Phone \_\_\_\_\_  
 Sport \_\_\_\_\_

Explain "Yes" answers below:	Yes	No
1. Has a doctor ever restricted/denied your participation in sports?	<input type="checkbox"/>	<input type="checkbox"/>
2. Have you ever been hospitalized or spent a night in a hospital?	<input type="checkbox"/>	<input type="checkbox"/>
Have ever had surgery?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you have any ongoing medical conditions (like Diabetes or Asthma)?	<input type="checkbox"/>	<input type="checkbox"/>
4. Are you presently taking any medications or pills (prescription or over-the-counter)?	<input type="checkbox"/>	<input type="checkbox"/>
5. Do you have any allergies (medicine, pollens, foods, bees or other stinging insects)?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you ever passed out during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been dizzy during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had chest pain or discomfort in your chest during or after exercise?	<input type="checkbox"/>	<input type="checkbox"/>
Do you tire more quickly than your friends during exercise?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had high blood pressure?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been told that you have a heart murmur, high cholesterol, or heart infection?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had racing of your heart or skipped heartbeats?	<input type="checkbox"/>	<input type="checkbox"/>
Has anyone in your family died of heart problems or a sudden death before age 50?	<input type="checkbox"/>	<input type="checkbox"/>
Does anyone in your family have a heart condition?	<input type="checkbox"/>	<input type="checkbox"/>
Has a doctor ever ordered a test on your heart (EKG, echocardiogram)?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you have any skin problems (itching, rashes, staph, MRSA, acne)?	<input type="checkbox"/>	<input type="checkbox"/>
8. Have you ever had a head injury or concussion?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been knocked out or unconscious?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a seizure?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a stinger, burner, pinched nerve, or loss of feeling or weakness in your arms or legs?	<input type="checkbox"/>	<input type="checkbox"/>
9. Have you ever had heat or muscle cramps?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever been dizzy or passed out in the heat?	<input type="checkbox"/>	<input type="checkbox"/>
10. Do you have trouble breathing or do you cough during or after activity?	<input type="checkbox"/>	<input type="checkbox"/>
Do you take any medications for asthma (for instance, inhalers)?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you use any special equipment (pads, braces, neck rolls, mouth guard, eye guards, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
12. Have you had any problems with your eyes or vision?	<input type="checkbox"/>	<input type="checkbox"/>
Do you wear glasses or contacts or protective eye wear?	<input type="checkbox"/>	<input type="checkbox"/>
13. Have you had any other medical problems (infectious mononucleosis, diabetes, infectious diseases, etc.)?	<input type="checkbox"/>	<input type="checkbox"/>
14. Have you had a medical problem or injury since your last evaluation?	<input type="checkbox"/>	<input type="checkbox"/>
15. Have you ever been told you have sickle cell trait?	<input type="checkbox"/>	<input type="checkbox"/>
Has anyone in your family had sickle cell disease or sickle cell trait?	<input type="checkbox"/>	<input type="checkbox"/>
16. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any bones or joints?	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Head <input type="checkbox"/> Back <input type="checkbox"/> Shoulder <input type="checkbox"/> Forearm <input type="checkbox"/> Hand <input type="checkbox"/> Hip <input type="checkbox"/> Knee <input type="checkbox"/> Ankle		
<input type="checkbox"/> Neck <input type="checkbox"/> Chest <input type="checkbox"/> Elbow <input type="checkbox"/> Wrist <input type="checkbox"/> Finger <input type="checkbox"/> Thigh <input type="checkbox"/> Shin <input type="checkbox"/> Foot		
17. When was your first menstrual period? _____		
When was your last menstrual period? _____		
What was the longest time between your periods last year? _____		
Explain "Yes" answers:		
_____		
_____		
_____		
_____		

I hereby state that, to the best of my knowledge, my answers to the above questions are correct.

Signature of athlete \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent/guardian \_\_\_\_\_

**DUPLICATE AS NEEDED**

# Preparticipation Physical Evaluation

**Rule 1, Sec. 14** — In order for a student to be eligible for interscholastic athletics, there must be on file in the Superintendent's or Principal's office a current physician's statement certifying that the student has passed a physical exam, and that in the opinion of the examining physician (M.D. or D.O.) the student is fully able to participate in interscholastic athletics (Grade s 7-12). The AHSAA Physicians Certificate (Form 5 Rev. 2018) must be used. **A physical exam will satisfy the requirement for one calendar year through the end of the month from the date of the exam. For example, a physical given on May 5, 2018, will satisfy the requirement through May 31, 2019.**

Student's name \_\_\_\_\_

## Physical Examination

Revised 2018

	LIMITED	Height _____ Weight _____ BP ____ / ____ Pulse _____	
		Vision R 20 / ____ L 20 / ____ Corrected: Y N	
		Normal	Abnormal Findings
Cardiovascular			
Pulses			
Heart			
Lungs			
COMPLETE		Skin	
		E.N.T.	
		Abdominal	
		Genitalia (males)	
		Musculoskeletal	
		Neck	
		Shoulder	
		Elbow	
		Wrist	
		Hand	
		Back	
		Knee	
		Ankle	
		Foot	
		Other	

Clearance:

- A. Cleared
- B. Cleared after completing evaluation/rehabilitation for: \_\_\_\_\_
- C. Not cleared for:
  - Collision
  - Contact
  - Noncontact
 \_\_\_\_ Strenuous    \_\_\_\_ Moderately strenuous    \_\_\_\_ Nonstrenuous

Due to: \_\_\_\_\_

Recommendation: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Name of physician \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Signature of physician \_\_\_\_\_, M.D. or D.O.

(Form must be signed and dated by the attending physician.)

**OAK MOUNTAIN HIGH SCHOOL SPIRIT OF CAHABA BAND  
STUDENT MEDICAL RELEASE AND CONSENT TO PARTICIPATE**

Last Name	First Name	MI	Sex	Birth date	Current Grade
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Address	City	Zip
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I hereby give permission for the above named student to attend and participate in all football games, competitions, special events, fund raisers, and any other activities associated with the Oak Mountain High School band, including all activities which require travel. I hereby agree to hold harmless and release from liability Oak Mountain High School, the Shelby County Board of Education or any employees, volunteers, or their representatives thereof for any action, claim, or damage that may arise as a result of his/her participation in band activities. I hereby agree to comply with all rules and restrictions governing him/her set forth by the Band Director, Oak Mountain High School or the Shelby County Board of Education. I consent to allow the student to obtain the services of and /or advice from an available physician or other medical personnel for him/her in case of illness or injury, including any necessary transportation for such emergency care. I hereby agree to assume ALL responsibility for any costs as a result of such medical care.

Parent/Guardian Signature	Date	Parent/Guardian Signature	Date
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**EMERGENCY INFORMATION**

Parent/Guardian Name \_\_\_\_\_

Home Phone	Father's work/cell	Mother's work/cell
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**Preferred Hospital:** \_\_\_\_\_

**HEALTH INSURANCE INFORMATION:** This must be completed. You must have insurance to participate. If you do not have insurance, you must take out the accident policy offered through the school. Also, you will need to inform us of any changes in your insurance coverage that may occur during this season. Please attach a copy of your insurance card to this form.

Insurance Carrier	Policy Number	Group Number
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Policy Holder's Name	Relationship
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**MEDICAL HISTORY** – List any allergies, medical conditions, or current medications: \_\_\_\_\_

**IN CASE OF EMERGENCY**, if parents cannot be contacted, notify (local numbers only):

Name	Relationship	Phone Numbers
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Name	Relationship	Phone Numbers
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**Basic Requirements**  
**OMHS Visual Ensemble Tryouts 2019**

<b>Clinic Dates:</b>	April 1 <sup>th</sup> - 4 <sup>th</sup>	3:30 – 6:45 PM	OMHS Gyms and Lunchroom
<b>Tryouts:</b>	April 5 <sup>th</sup>	3:30 – Completion	OMHS Gyms

All participants must be picked up promptly. Please arrange for transportation ahead of time!

**Clinic Attire:** Any comfortable clothing is acceptable, as long as it's neat, clean, modest, and non-restrictive.

**Tryout Attire:**

**Dance Team** – Black leotard, black jazz pants, black jazz shoes, hair in bun and pulled completely away from the face. Performance make-up should be worn.

**Color Guard** – Black athletic shorts, black tank top, nude jazz shoes. Hair should be worn down straight or curled or worn halfway pulled back. Performance make-up should be worn.

**Majorette** - Black athletic shorts, black leotard or tank top, tan jazz shoes, hair in bun and pulled completely away from the face. Performance make-up should be worn.

**Requirements for Dance Team tryout:** double pirouette on left and right legs, triple pirouette on the right leg, two eight counts of right leg fouettes (turns in second), 2 eight counts of right and left leaps, 1 calypso to the floor, 2 eight counts of creative leap and/or turn combination of choice (must begin on the right side), jazz and kick routine, left and right leg splits, and basic flag routine.

**Requirements for Color Guard tryout:** flag basics in isolation (drop spins, angels, butterflies, pole hits, cones/stirs, single toss, single 45 toss, and money hand toss), basic flag routine consisting of basics and tosses; weapon basics in isolation (drop spins on the right and left with rifle and sabre, single rifle toss, single sabre toss, double rifle toss, double sabre toss), basic weapon routine consisting of basics and tosses. Bonus: advanced weapon tosses (triple, quad, five, one turn, horizontal toss, etc.)

**Requirements for Majorette tryout:** Continuous thumb roll flips (right), continuous back hand flips (left), back to front finger twirls (right and left), vertical one turn, horizontal one turn, vertical two turn, horizontal two turn, vertical three turn, right reverse illusion, three baton showers (5 with one turn), split leap, jazzball change, splits (right and left). Bonus: Vertical 4 turn, One spin illusion, three baton trick. One, two, and three-baton must appear in the individual's routine to be performed in front of the judges. Individual routine must be 1:30 - 2:30. Music must be school appropriate and be submitted to the sponsor by March 29th. Each candidate must provide a backup copy of the music. Majorette candidates also will be required to perform a basic flag routine.

**Requirements for JV Majorette tryout:** The tryout will consist of baton basics and a group routine that candidate will learn at the clinic. Baton basics include continuous thumb roll flips (right), continuous back hand flips (left), back to front finger twirls (right and left), Big Eagle, Little Joe's, vertical one turn, horizontal one Turn, vertical two turn. Horizontal two turn, vertical 3 turn and toss illusion will be bonuses. The group routine will include both one and two baton elements.

Tryout applications can be found on Oak Mountain Band website. You can also ask Mr. Feldman, Mrs. Sheffield, or Mrs. Di Piazza for one. All application forms and fees must be completed and turned in no later than March 29<sup>th</sup> at 3:30 PM.



## SHELBY COUNTY BOARD OF EDUCATION

### MAJORETTE, FLAGS, DRILL TEAM, DANCE TEAM CONSTITUTION

This Constitution is designed to establish a minimum guideline for establishing and maintaining a quality program in Shelby County Schools.

#### **I. Purpose**

- A. To set examples of good character and sportsmanship.
- B. To promote good sportsmanship and spirit.
- C. To promote good relations with the public and build positive relationships with other schools.

#### **II. Sponsor /Band Director Responsibilities**

- A. Plan and conduct clinics and practice.
- B. Monitor eligibility.
- C. Provide rules and regulations to the principal and participants.
- D. Oversee all practice sessions.
- E. Insure adherence to the Shelby County Code of Conduct and Attendance and local school and organization handbook.
- F. Receipt and manage funds.
- G. Obtain principal and other appropriate approval for summer camps and/or clinics.
- H. Make decisions regarding all uniforms and outfits used by group.
- I. Be knowledgeable in first-aid techniques and emergency procedures.

#### **III. Candidate Eligibility**

- A. Candidates will have no grade lower than 60 in any subject, and an overall average of at least 70 for the semester preceding tryouts.
- B. Candidates must have a statement of physical fitness signed by a physician.
- C. Candidates will have the consent of parents/guardians and will sign stating they have read this Constitution and are aware of the requirements and responsibilities of student, parents, and school officials.
- D. Candidates are to have no knowledge of tryout material prior to clinic.
- E. Candidates who have been dismissed from a performing group for disciplinary reasons or quit will be ineligible for the remainder of the season and subject to lose eligibility for the next tryouts.
- F. Candidates will be presently enrolled in the school or feeder school in which they are trying out.

#### **IV. Selection Procedures**

- A. Local schools will decide grade levels and size of squads. A mandatory clinic will be held prior to tryouts.
- B. The director and sponsor will select a minimum of three (3) judges from outside the school community. Minority representation will be included in this panel.
- C. A school administrator must be present. All scores and other tryout materials must be secured in the principal's office immediately following the conclusion of the tryout.
- D. Score sheets will be tabulated by a minimum of two individuals.
- E. Clinic and tryout will be closed to the general public.
- F. Each school will establish a plan to announce new members as soon as scores are tabulated.

#### **V. Responsibilities of Selected Members will be determined by the local school.**



## **VI. Transportation**

- A. Arrange necessary transportation.
- B. Transportation to all athletic events will be via Shelby County School buses unless otherwise specified.
- C. Parents/guardians will be called upon to aid in transportation when deemed necessary by sponsor or director.

## **VII. Rules and Regulations**

- A. Each member must purchase 24-hour school insurance if they are not covered by another plan.
- B. Members are to be present for all meetings, related activities, and practices unless a valid reason is presented before the absence to the sponsor.
- C. All uniforms and supplies shall be the property of the organization. Damaged or lost items must be paid for by member responsible for item. Any necessary repair or replacement cost of the uniform will be the parents' responsibility.
- D. Visible piercings, hair styles, and other adornments that do not conform to the designated auxiliary uniform or are disruptive to the program are prohibited.
- E. Members are expected to comply with the Shelby County Code of Conduct and Attendance, Group Constitution, and local school and organization handbook.
- F. Selected members must maintain an overall average of at least 70 with no grade lower than 60 in any subject each grading period. Any member who fails to do so will follow guidelines outlined in the Shelby County Academic First policy. Grades will be monitored beginning with the grading period immediately after try-outs.
- G. Members are expected to pay expenses within the required time limits, unless previously approved.

## **VIII. Participant Conduct**

All discipline problems will be handled by the sponsor, band director, and/or school administrator. Serious infractions could result in suspension or removal from the group. The following is a list of possible infractions.

- H. Unexcused absences from games, practices or any other designated functions.
- I. Display of poor sportsmanship.
- J. Failure to bring all necessary equipment and materials to performances, practices, etc.
- K. Failure to be prompt for all activities.
- L. Failure to execute duties assigned by sponsor.
- M. Violation of the system's policy regarding drinking, smoking, drugs, or any other substance abuse.
- N. Failure to follow rules of the classroom, school handbook, organization handbook, and the Shelby County Code of Conduct and Attendance.
- O. Violation of any school rule or any action that tends to leave a bad impression upon the general public will subject the member to disciplinary action.
- P. Misuse of, or inappropriate postings on social/electronic media deemed detrimental to the auxiliary program or any other individual.

# OAK MOUNTAIN High School Band

## Visual Ensemble Constitution (Majorettes, Dance Team, Color Guard)

*Although each auxiliary unit is an entity unto itself, it is still considered to be part of the Oak Mountain High School Spirit of Cahaba Marching Band family. As a part of this organization, a member is in a position of honor and leadership. Every member shall maintain a high standard of moral character and social conduct at all times and will work with fellow teammates and band members toward a mutual goal of excellence.*

The following constitution is for the combined visual ensemble including dance team members, majorettes and color guard members. It follows and includes all guidelines set up by the Shelby County School System, Oak Mountain High School, and the Oak Mountain High School Band.

### **I. Purpose**

The purpose of the Oak Mountain High School Visual Ensemble is to perform at designated activities related to band, athletic or school functions associated with Oak Mountain High School. The ensemble, collectively and individually, will serve as representatives of Oak Mountain High School. The ensemble will promote good sportsmanship, spirit, and positive relations with the community.

### **II. Candidate Eligibility**

- A. Candidates will have no grade lower than 60 in any subject, and an overall average of at least 70 for the semester preceding tryouts.
- B. Candidates will have a statement of physical fitness signed by their physician each marching season. All parts of the physical form must be completed in order to be in good standing!
- C. Candidates will have the consent of parents/guardians and will sign stating they have read the entire constitution and are aware of their requirements and responsibilities and those of their parents and school officials.
- D. A candidate who has been dismissed from or quits their respective group will be ineligible for the remainder of the performing season. Eligibility for participation in future years will be reviewed by the sponsor, principal, and committee members.
- E. Candidates who have been removed from a group for grades not meeting the required level will be ineligible for the remainder of the season. Eligibility for participation in future years will be reviewed by the sponsor, principal, and committee members. Candidate is still responsible for unpaid fees.
- F. Candidates must have cleared all fees from the previous year to be eligible for tryouts.
- G. As per Shelby County Board Policy, the candidate must be an enrolled student at OMHS or an enrolled 8<sup>th</sup> grade student at Oak Mountain Middle School at the time of tryouts.

### **III. Selection Procedures**

- A. Clinic and tryouts will be held for a minimum of three (3) days. Participation in this clinic is required; clinic fees must be paid to participate. Any absences during clinic and tryout week must be an excused absence as outlined in this packet.
- B. Following the clinic, candidates will be presented to the judges and tryouts will be held.
- C. A minimum of three (3) judges from outside the school community will be selected by the sponsor or principal. Minority representation must be included on each judging panel.
- D. All tryouts will be closed to the general public.
- E. Announcement of new members will be made as soon as all tabulations have been completed.
- F. To participate in tryout clinic, students must have a copy of previous semester grades showing an overall average of 70 with no grades below 60, current physical form from doctor, consent form signed by parent, constitution statement signed by student and parent, cover letter signed, and proof of medical insurance. All of these completed forms will be due no later than the specified due date. Late forms will not be accepted!
- G. No student is guaranteed a spot in the ensemble. Veterans to the ensemble must try out each year.
- H. Candidates will be judged on appearance, clinic attendance, ability to carry out fundamentals and routines taught during clinic, showmanship, precision, and technical ability.
- I. The number of members selected each year will be determined by the sponsor based on need for that year. This number could possibly change from year to year.
- J. Within the ensemble, smaller groups may be chosen for performance at different events such as civic organizations, athletic events, or competitions. These groups will be chosen by criterion set by the sponsor.

#### IV. Rules and Regulations

- A. Members must purchase 24-hour school insurance if they are not covered by another plan.
- B. Members are to be present and on time for **ALL** meetings, activities, practices, and performances unless a valid reason is presented to the sponsor **before** the absence (except in cases of emergency). Attendance requirements are valid for the entire performance year—this may extend past marching season.
- C. All fees and expenses, as outlined in the fee schedule for each group, should be paid on time. Students desiring alternative payment arrangements should request such through the sponsor.
- D. Uniforms should be kept neat and clean. All supplies and props purchased with group general funds shall be the property of the organization and shall be turned in at the end of each year/season. Any repair or replacement costs to these items will be the responsibility of the member. Items (practice shorts, shirts, etc.) purchased with designated funds collected from the members for that purpose shall remain the property of the member.
- E. Members are expected to comply with the Shelby County Code of Conduct, all Oak Mountain High School and Oak Mountain High School “Spirit of the Cahaba” Band rules and regulations as well as all items listed in this constitution.
- F. **Members are expected to represent Oak Mountain High School in a positive manner at all times.** Behavior unbecoming to a member of the ensemble will not be allowed. The use of controlled substances including alcohol and tobacco on or off campus will result in dismissal.
- G. To maintain eligibility, each student must adhere to the academic and remediation guidelines outlined in the Shelby County Academics First Policy. The sponsors will work with each individual member to fulfill these requirements.
- H. Second semester final averages will be the first grade check for newly selected members.
- I. Members of the ensemble will sit together at all events unless otherwise instructed. **No one outside of the current ensemble may sit within the group without permission from the sponsor.**
- J. All ensemble members will share in the responsibility for keeping rehearsal areas clean and organized.
- K. **All ensemble members shall help to promote a positive team spirit by cooperating with other ensemble members, sponsors, and parents.**
- L. Visual Ensemble try-outs are for the band field show. Members of the Visual Ensemble will have the option to continue with a competition team after football season. The competitions will be selected by the sponsors. Music, routines, costumes, jewelry and any other decisions involved with competition will be made by the sponsor.
- M. Membership on the team does not necessarily guarantee the right to perform at any given performance. Each member must meet the standards set by the sponsor and may be required to sit out a performance if they have not successfully learned the routine or passed “benchmarks.”
- N. Members must be present for at least one half of the day, on the day of the performance in order to participate that day/night unless prior approval from the sponsor, principal, or committee has been obtained.

#### V. Transportation

- A. Transportation to all events will be via Shelby County School buses, unless otherwise specified.
- B. Parents may be called upon to provide transportation. **If a parent drives any child other than their own child, the parent driver will be asked to complete a volunteer driver form to be kept on file with the sponsor.**
- C. Students must ride to and from events with the group unless otherwise arranged with the sponsor in advance.
- D. The only person a student may leave a performance with is the parent or legal guardian. To do this, two things must be done:
  - 1. A written note signed by the parent/guardian must be given to the sponsor in advance stating that the parent/guardian will be responsible for the student.
  - 2. The parent/guardian must come and get the student from the group in the presence of the sponsor.
- E. Persons who are not members of the ensemble, alternates, managers or parent chaperones may not ride the bus unless requested by the sponsor.

#### VI. Clinics and Camps

- A. Clinics and camps will be announced as soon after tryouts as possible.
- B. Clinic and camp costs are the responsibility of the ensemble member and should be paid prior to attending the event.
- C. Attendance at clinics and camps is mandatory unless advance permission is granted by the sponsor. If an ensemble member has an unexcused absence from clinic or camp, her performance status will be reviewed by the sponsor, committee, and principal.

## VII. Absences and Tardies

- A. **Absences and tardies hurt not only the individual ensemble member, but also the entire ensemble.** Members are expected to be present and on time at all practices and performances. Excused absences would include personal illness (a doctor's excuse or parent note is required), death in immediate family, or special circumstances that have received prior permission from the sponsor, principal, or committee. All attempts should be made to schedule doctor's appointments around practices and performances. A dentist appointment is not excused unless it is an emergency situation. Excuses should be submitted in writing to the sponsor prior to the absence or tardy except in cases of emergency. **Studio practice will not be considered an excused absence.**
- B. **A maximum of three parent excuses from practices per year will be accepted for absences.** All other absences without a doctor's note or prior permission from the sponsor will be considered unexcused.
- C. If an injury or illness should occur, the member is required to attend practices or the events. A doctor's excuse will be necessary to return to practice after missing events or practices due to an injury or illness. This excuse should specifically dictate the type and degree of physical activity allowed. No injured or ill member will be permitted to practice or perform until fully recovered and released by a doctor. Failure to participate in practice could result in non-performing status.
- D. **Work is not an excused absence.** Work schedules must be scheduled around all practices and performances.
- E. **Excessive absences and tardies may result in a non-performing status.**
- F. Upon a second unexcused absence, members will be dismissed from the visual ensemble.
- G. On the day of a game or activity, members must be present at school at least three (3) periods in order to perform unless otherwise approved by the sponsor or principal.

## VIII. Grades

- A. Ensemble members must maintain a 70 overall average with no grade below 60 to retain her performance eligibility.
- B. If minimum grades are not maintained the student will be notified of her probationary status. While on probationary status, the member may continue to participate in all events, but is required to participate in mandatory remediation as prescribed by the Shelby County Academics First policy. A second failure to maintain the appropriate overall average or minimum grade requirement by class will be subject to removal from the group for the remainder of the performing season.

## IX. Captain and Co-Captains

- A. Captains and/or Co-Captains for each group are chosen by the sponsors. The following criterion will be used when making the selection: tryout scores, leadership ability, G.P.A., teacher evaluations, attitude and character.
- B. To be eligible for captain or co-captain for any ensemble group, members must have a minimum of one year's experience at Oak Mountain with that visual ensemble group.
- C. Captains and Co-Captains are expected to show leadership abilities by setting a positive example in all areas for the ensemble including discipline, attitude, attendance, character, and ability.
- D. Captains and Co-Captains should openly respect and support the decisions of the sponsors and promote a "team spirit" between members of the ensemble and other groups including the band, cheerleaders, and student body.
- E. While the Captain and Co-Captain report directly to their group sponsor, they also must work closely and support the decisions of the other sponsors. This should hold true in the performance arena as well as in practice or other group activities.
- F. Captains and Co-Captains should be free of excessive school disciplinary problems which will reflect on their position and the ensemble.
- G. The sponsor, committee, or principal have the right to remove captain/co-captain privileges if necessary.

## X. Uniforms

- A. Uniforms will be selected by the sponsors.
- B. **Ensemble members must pay for uniforms before they can be issued.**
- C. Ensemble members are responsible for cleaning and maintaining uniforms at all times.
- D. Uniforms of non-returning members must be cleaned and returned to the sponsor no later than two weeks after the last performance. Members are responsible for paying of any unnecessary damage to uniforms.
- E. Accessories and props are like uniforms. If lost or damaged, the ensemble member is responsible for the cost of repairs or replacement.

## XI. Fees and Expenses

- A. Budget to be outlined. There will be mandatory and optional fees. Optional items are determined optional by the sponsor only!
- B. Fees and expenses must be paid as scheduled to maintain performing status.
- C. Credit for fees and expenses can be earned through participation in events organized through the band boosters.
- D. If a visual ensemble member quits or is dismissed from the group, all payments are still due by the date specified.

## XII. Discipline Plan

- A. The following discipline plan is in place to encourage a well-organized and proficient ensemble. This plan holds true for all members in the ensemble, including captains and co-captains. Oak Mountain High School Visual Ensemble sponsors may utilize an organized committee of teachers, sponsors, and principal for any disciplinary decisions to be made. In addition to the major infractions listed below, all members will be expected to follow the rules of the OMHS student handbook or Shelby County Code of Conduct at all times.
- B. **Non-Performing Status**-This is a probationary period. If a student reaches this status, the parents will be notified by the sponsor. Students are required to attend all practices and functions while at that status.
- C. **Dismissal**- Removal from the ensemble for the remainder of the year due to a failure to meet academic or behavioral standards. Eligibility for participation in future years will be reviewed by the sponsor and committee. Severe disciplinary or behavior problems will result in dismissal from the visual ensemble.
- D. **Major Infractions**- The following infractions are considered detrimental to the squads and will result in appropriate punishment determined by the sponsor and committee. Depending on the situation, one major infraction can result in suspension or dismissal from the squad. Three major infractions will result in dismissal from the visual ensemble.
  - \***Failure to follow given instructions by sponsor, band director, chaperone, etc.**
  - Leaving chaperone at any event**
  - Leaving performance/practice without permission**
  - Unexcused absence from rehearsal**
  - Unexcused absence from performance, game, or any other designated member function**
  - Vandalism/disrespect of someone's property
  - Failure to display proper attitude and/or sportsmanship**
  - Failure to be prompt to scheduled events—tardiness is not acceptable!**
  - Failure to execute duties assigned by the sponsor
  - Failure to bring all necessary equipment and materials to all activities, games, practices, etc.**
  - Failure to pay fees
  - Failure to attend bandcamp or auxiliary camp
  - Failure to abide by director/sponsor decisions
  - Use of drugs, alcohol or tobacco on or off campus
  - \***Fighting (physically, verbally, or written word/text messages)\***
  - \***Disrespect to sponsor, chaperone, director, etc.**
- E. All other discipline concerns will be dealt with on an individual basis.
- F. "Three Strikes" Rule--Three minor infractions will equal one major infraction. Infractions will be left to the sponsor's discretion.

**SHELBY COUNTY BOARD OF EDUCATION  
COMPETITIVE EXTRACURRICULAR SUBSTANCE ABUSE PROGRAM  
Procedures**

**I. OVERVIEW**

The Shelby County Board of Education (the Board) recognizes participants in competitive extracurricular activities as present and future assets to our academic and leadership education process. Students who participate in competitive extracurricular activities serve as role models for other students and are a key to our goal of providing the best possible education program for all students. To achieve our goal, and to maximize the skills and talents of our students, it is important that every student, as well as employees, of our school system understand the dangers of drug and alcohol abuse.

Substance abuse can be a serious threat to the school system, its students, visitors and employees. While the percentage of substance abusing students may be relatively small in absolute terms, any substance abuse may significantly affect the health and safety of the abusing student or the student's classmates. Moreover, practical experience and research indicate that appropriate precautions are necessary. It is the belief of the Board that the benefits derived from the policy objectives outweigh the potential inconvenience to students. The Board earnestly solicits the understanding and cooperation of all students and parents, especially those participating in competitive extracurricular activities, in implementing this policy.

The Board requires that all students report to school, practices and competitive events without prohibited substances in their system. No student shall use or be under the influence of prohibited substances while participating in any practices or competitive events or otherwise while under the care and supervision of the school system.

Participating in competitive extracurricular activities is a privilege, not a right, and the student must be willing to conform to the guidelines of the Competitive Extracurricular Activities Substance Abuse Policy in order to be given the privilege to participate in these events.

Students must inform their coach or sponsor when they are legitimately possessing and taking medications which may affect their ability to practice or compete, in order to avoid creating safety problems and to remain in compliance with this policy.

In order to enforce these rules, the Board reserves the right to require all students who desire to participate in competitive extracurricular activities to submit, at any time prior to, during or following a practice, competitive event, or otherwise while under the supervision or care of this school system, to drug tests to determine the presence of prohibited substances.

Students applying to participate in competitive extracurricular activities may also be screened as a condition for participation in the activity of their choice. Students may also be required to undergo screening in conjunction with any scheduled physical examinations, where the Board has reasonable suspicion to believe a student has violated its Competitive Extracurricular Activities Substance Abuse Program and/or in a random basis without advance notice.

Violation of these rules, including testing positive and/or refusal to undergo screening will subject the student to suspension from competitive extracurricular activities in accordance with the penalty structure set forth herein. Refusal to cooperate in any test investigation may also result in immediate suspension from participating in competitive extracurricular activities.

No student testing positive, refusing to test, refusing to cooperate with testing or being in violation of this policy will be penalized academically. Information, including testing positive, shall be held in the strictest confidence and will not be released to criminal or juvenile authorities, absent compulsion by law or consent of the student.

All information, interviews, reports, statements, memoranda and test results, written or otherwise, received by the Board, through its drug and alcohol screening program, are confidential communications and may not be used or received in evidence, obtained in discovery, or disclosed in any public or private proceeding, except in the following (a) as directed by the specific, written consent of the student and the student's parents or legal guardian authorizing release of the information to an identified person; or, (b) to the trier of fact(s) in a lawsuit, grievance, or other proceeding initiated by or on behalf of the individual, or otherwise under compulsion of law.

The Board reserves the right to amend these policies and procedures where it deems it is appropriate. Except where specifically prohibited by law, the guidelines contained within this document, may be changed by the Board at any time. Students covered by these policies and procedures will be informed of changes.

## II. OBJECTIVES

- A. To create and maintain a safe, drug-free environment for all students participating in competitive extracurricular activities.
- B. To encourage any student with a dependence on, or addiction to, alcohol or other drugs to seek help in overcoming the problem.
- C. To reduce the likelihood of incidents of accidental personal injury to students and/or damage to property.
- D. To minimize the likelihood that school property will be used for illicit drug activities.
- E. To protect the reputation of the school system and its students.
- F. Undermine the efforts of peer pressure by providing a legitimate reason for students to refuse the use of prohibited substances.

## III. DEFINITIONS

A. Competitive Extracurricular Activities - any middle school or high school sanctioned or sponsored extracurricular activity in any way involving competition, comparison or judging of the individuals or groups with other individuals or groups. Competitive extracurricular activities include, but are not limited to, programs such as football, basketball, cheerleading, dance team, band, academic teams, FFA, choir, scholar bowl, debate teams, drama teams.

B. Prohibited Substances - Alcohol, amphetamines, anabolic steroids, benzodiazepines, methadone, opiates, phencyclidine, propoxyphene, barbiturates, cocaine, cannabinoids, marijuana, hallucinogenic drugs, and all drugs which the narcotic and drug abuse laws of the United States, local municipalities, and/or the State of Alabama classify as illegal. Prohibited substances also include controlled or prescribed medications taken by a student, unless such medication has been prescribed for the specific student and is being taken in the dosages specified by the prescribing physician.

C. Trained Observer - A principal, coach, assistant coach, teacher or sponsor or other school official or designee



who has been trained for at least one hour on alcohol misuse and an additional one hour on controlled substance misuse. The training will cover the physical, behavioral, speech, and performance indicators of probable use and misuse of alcohol and other prohibited substances. Documentation of training attendance must be maintained by the Drug Program Coordinator.

D. Drug Testing Agent - The licensed and qualified independent agent testing agency or medical office selected by the Board to carry out the screening of students.

E. Drug Program Coordinator - An employee(s) of the Shelby County Board of Education appointed by the Board responsible for the overall implementation of the Competitive Extracurricular Activities Substance Abuse Program.

F. Medical Review Officer (MRO) - A licensed physician employed by the Drug Testing Agent responsible for interpreting and evaluating the data generated from drug screenings.

#### IV. GENERAL PROVISIONS

Practical experience and research have proven that even small quantities of narcotics, abused prescription drugs or alcohol can impair judgment and reflexes, which can create unsafe conditions for students. Even when not readily apparent, this impairment can have serious results for students engaged in competitive extracurricular activities. Drug-using students are a threat to co-participants, other students and themselves, and may make injurious errors. For these reasons, the Shelby County Board of Education has adopted the following guidelines, procedures and penalties to assure that all students participating in competitive extracurricular activities report to all practice and competitive events and, at all times, while under the care of the school system, completely free from the effects of alcohol and/or the presence of other prohibited substances.

##### A. Drug Use/Distribution/Impairment/Possession

All students participating in competitive extracurricular activities are prohibited from using, possessing, distributing, manufacturing, or having prohibited substances, abusing prescription drugs or any other mind-altering or intoxicating substances, or having any prohibited substance in their system while at practice, participating in competitive events or otherwise while under the care of the school system.

##### B. Alcohol Use/Possession/Impairment

All students participating in competitive extracurricular activities are prohibited from possessing, drinking, or being impaired or intoxicated by alcohol while at practice or participating in a competitive event or while under the care of the school system.

##### C. After School Hours Conduct

After school hours use of illegal drugs, alcohol, or any other prohibited substance which results in a positive drug test as outlined herein will result in the consequences as outlined herein. Students participating in competitive extracurricular activities should realize that these regulations test for substance abuse which may have occurred both during and away from school activities.

## D. Prescription Drugs

A student may submit a confidential writing for consideration to the Drug Testing Agency and/or the Medical Review Officer detailing any prescription medication for which the student has a valid prescription or other over the counter medicine taken by the student.

## V. SUBSTANCE SCREENING

The Board reserves the right to require students participating in any competitive extracurricular activities to go through three possible levels of substance screening. The first is a pre-participation screening which is a condition for participation in competitive extracurricular activities, the second is screening for the student once the student is a participant in competitive extracurricular activities, and the third is the screening required to return to competitive extracurricular activities after a student has been suspended under the policy.

### A. Pre-participation Screening

Substance screening may be required for students as a condition to participating in competitive extracurricular activities. Such testing may be included with a pre-practice or pre-participation physical examination. Applicants will be required to sign the Competitive Extracurricular Activities Consent/Release Form before being submitted to screening. Students will not be allowed to participate in any competitive extracurricular activities if they refuse to submit to the substance screening or refuse to execute the required Competitive Extracurricular Activities Consent/Release Form.

### B. Participation Screening

Once a student is a participant in the competitive extracurricular activities programs, the student will be subject to a reasonable suspicion screening and/or random substance screening.

#### 1. Reasonable Suspicion

All students will be required to submit to screening whenever a trained observer observes circumstances, which provide reasonable suspicion to believe that the student has used alcohol or another prohibited substance, or has otherwise violated the Competitive Extracurricular Activities Substance Abuse Policy.

The trained observer's determination that reasonable suspicion exists to require the student to undergo an alcohol or drug screening must be based on specific, contemporaneous, articulable observations concerning the appearance, behavior, speech or body odors of the student.

The trained observer requesting a reasonable suspicion screening shall prepare and sign a written report explaining the circumstances and evidence upon which they have relied. This written documentation shall be prepared within 72 hours of the testing and in all circumstances before the results of the tests are released. While one trained observer may request a reasonable suspicion screening, when feasible, he or she is encouraged to obtain written confirmation of suspicion from a second trained observer.

#### 2. Random Substance Screening

All students participating in competitive extracurricular activities will be subject to random unannounced substance screening at any time while present at school or participating in a school related program. The Drug Program Coordinator will provide a master list of current students participating in competitive extracurricular activities to the Drug Testing Agency. The Drug Testing Agency will produce from the master list random sample lists of students and present the random sample list to the Drug Program Coordinator. Students involved in competitive extracurricular activities who are present at school or participating in a school related program,

whose names appear on the random sample list will be notified and required to report to the designated collection sites for substance screening as soon as possible, but in no case later than four hours following notification. The fact that a student's name was selected for one random substance screening does not eliminate that student from the master list used in the next random substance screening.

### 3. Return to Participation Screening

All students who have been suspended from participation in competitive extracurricular activities for abuse of the Competitive Extracurricular Activities Substance Abuse Program will be subject to unannounced screenings for a period of time no less than 12 months and no more than 60 months following their reinstatement to competitive extracurricular activities. The length of time a student will be subject to the unannounced random screenings will be determined by the Drug Program Coordinator.

## VI. SCREENING PROCEDURES

### A. General Guidelines

The Board and the Drug Testing Agency shall rely on the guidance of the Federal Department of Transportation, Procedures for Transportation Workplace Drug Testing Programs, 49 C.F.R. parts 40.1 through 40.39, and on the further guidance of the Omnibus Transportation Employee Testing Act provided in 49 C.F.R. parts 382, 391, 392 and 395 in assuring minimal intrusion and minimal invasion of the student's privacy.

#### 1. Substances Subjected to Screening

Students may be screened for any Prohibited Substance including, but not limited to, amphetamines, cannabinoids, cocaine, opiates, and alcohol. Students may be tested for any other Prohibited Substances (such as, but not limited to, steroids, barbiturates and benzodiazepines) without advance notice as part of the screenings performed by the Board. Such additional Prohibited Substances to be screened for shall be determined by the Drug Program Coordinator.

#### 2. Methods of Screening

The Board reserves the right to utilize, hair, breath, saliva or urinalysis testing procedures. All urine specimens that test positive for Prohibited Substances will be confirmed by gas chromatography/mass spectroscopy (GC/MS).

### B. Collection Sites

The Drug Program Coordinator will designate collection sites for students to provide specimens. The selection of the collection sites shall be made with the intent and purpose of providing privacy to the students. Collection sites shall be conducted on school property and on-site at the student's home school, when feasible.

### C. Collection Procedure

The Drug Testing Agency, and its laboratory will develop and maintain a documented procedure for collecting, shipping and accessing specimens. A tamper-proof sealing system, identifying numbers, labels, and seal shipping containers will also be used for specimen transportation. The Drug Testing Agency, and its laboratory will utilize a standard Custody and Control Form for all student screenings. The Drug Testing Agency, and the laboratory will utilize a Breath Alcohol Testing Form for all alcohol testing.

Collection sites will maintain instructions and training emphasizing the responsibility of the collection site personnel to protect the integrity of the specimen and maintain a proper collection procedure. All alcohol testing

will be performed by a certified Breath Alcohol Technician (BAT) and using equipment approved by the Alabama Department of Forensic Sciences.

#### D. Evaluations and Return of Results

The Drug Testing Agency will transmit, in writing, the results of the test to the Medical Review Officer. The Medical Review Officer will be responsible for reviewing test results of the student for those students who have tested positive for prohibited substances. Upon confirmation of a positive test, the Medical Review Officer shall notify the student and the student's parents / legal guardian and give them an opportunity to discuss the results, including, but not limited to, whether or not the student was taking a prescribed controlled substance. Any unreasonable delay by the student and/or the student's parent / legal guardian, could be viewed as a waiver of this meeting. After reasonable attempts to reach the student and/or the student's parents having not been successful, the Medical Review Officer may notify the Drug Program Coordinator to continue the reporting process.

If, after examination of the results and conferring with the student and the student's parent and/or legal guardian, the Medical Review Officer is of the opinion that the student has violated the Competitive Extracurricular Activities Abuse Policy, the Medical Review Officer will promptly report to the Drug Program Coordinator the names of the student and the results of their tests.

The Drug Program Coordinator (or his/her designee) will then schedule a conference with the student, the student's parent or legal guardian, and the principal of the school to discuss the Medical Review Officer's report and the disciplinary action to be taken.

The Drug Program Coordinator's determination of the appropriate disciplinary action and rehabilitation program to be instituted shall be reported in detail and with particularity to the Superintendent. The Superintendent shall review the Drug Program Coordinator's determination and issue a written approval or return the determination to the Drug Program Coordinator with the Superintendent's recommendations. Upon the Superintendent's final approval of the Drug Program Coordinator's determination, the Superintendent shall maintain a written report for Board review, if such is requested, which report shall include the facts and circumstances, both mitigating and aggravating, upon which the Drug Program Coordinator's determination is predicated.

#### E. Request for Retest

The parent/legal guardian or the student may request a retest of any specimen or split specimen within 72 hours of notification of the screening results. Any request for a retest must be submitted in writing to the Medical Review Officer and such retest shall take place as soon as possible. The parent/legal guardian of the student may request the retest at a lab of their choosing, as long as it meets the criteria outlined herein. If a separate lab is requested, the Drug Testing Agency and/or the Medical Review Officer will arrange for transportation of the specimen.

#### F. Release of Screening Results

All information, interviews, reports, statements, memoranda, and test results, written or otherwise, received by the Board through its Competitive Extracurricular Activities Substance Abuse Program are confidential communications and may not be used or received in evidence, obtained in discovery, or disclosed in any public or private proceeding, except in accordance with the Competitive Extracurricular Activities Consent/Release Form and as provided by applicable law.

It is the responsibility of the Drug Program Coordinator to maintain the confidentiality of all documents relating to student screenings and to implement procedures to prevent the unauthorized release of such information. The

information regarding any positive drug test shall be kept in confidential files, separate from other educational records of the student.

The Medical Review Officer and the Drug Program Coordinator shall maintain individual student test results for one year.

## **VII. CONSEQUENCES**

Any student who violates this policy shall be subject to the penalties set forth herein.

### **A. First Violation**

Upon the first violation of the Competitive Extracurricular Activities Substance Abuse Policy, the student who tests positive, refuses to take the drug test, or compromises/circumvents the drug testing procedure in any way, will be suspended from competitive extracurricular activities for the remainder of that extracurricular activity season or seven weeks whichever is greater. Violations of the Student Code of Conduct, regarding drugs and alcohol, that take place either during the school day or at a school sponsored event will also result in a violation of this policy. If the infraction occurs on school premises or during a school sponsored event, the student will serve consequences as outlined in the Student Code of Conduct in addition to the suspension. If an Alternative School assignment is warranted it is understood that the student will be suspended from participation in any competitive extracurricular activities for the length of the Alternative School term.

Before participation can resume, the students participating in competitive extracurricular activities must (i.) test negative for any prohibited substances and (ii.) participate in substance abuse counseling approved by the Drug Program Coordinator. The student will also be subject to random tests during the suspension and subject to random tests during remainder of time he or she participates in competitive extracurricular activities. If the student elects to participate in substance abuse counseling the cost for the substance abuse counseling is to be borne by the student. The Drug Program Coordinator will assist the student in locating substance abuse counseling.

### **B. Second Violation**

Upon the second violation the student will be permanently barred from participating in any competitive extracurricular activities in the Shelby County School System.

No student testing positive or refusing to cooperate with the testing will be penalized academically

## **VIII. COSTS**

All costs associated with the initial screening and any other costs associated with the implementation of this program, unless specifically outlined herein, shall be borne by the Board.

## **IX. APPEAL**

If the student or the parent/legal guardian is dissatisfied with the findings of the Medical Review Officer or the punishment promulgated by the Drug Program Coordinator, they may apply in writing for a hearing before the Superintendent or his designee. The request for a hearing must be made in writing within 72 hours of notice of discipline. The student will be subject to the consequences as outlined in the Competitive Extracurricular Activities Substance Abuse Policy until such time as a hearing has been held and ruled upon.

## X. INVESTIGATIONS/SEARCHES

Where a trained observer has reasonable cause to suspect that a student, based on individual suspicion, has violated the Competitive Extracurricular Activities Substance Abuse Policy, the trained observer may reasonably inspect vehicles, lockers, purses, book bags, or other belongings of the student, whether on Board property or not, without prior notice to the student in order to insure a sports environment free of prohibited substances. The student may be asked to be present and to remove a personal lock. Where the student is not present or refuses to remove a personal lock, a school official will be permitted to do so for the student. Results of such searches shall be immediately communicated to the Drug Program Coordinator.

### ADDITIONAL REQUIREMENTS

In addition to the policies and procedures outlined herein, local school principals may designate such other and different requirements for the privilege of participating in competitive extracurricular activities including but not limited to academic standards, attendance standards, and other reasonable limitations. Such additional requirements shall not, however, in any way expand, change or alter the provisions of these Procedures as they related to student's use of, or being under the influence of, a Prohibited Substance.

Adopted by the Board, June 25, 1998.  
Amended by the Board, July 27, 2000.  
Amended by the Board, August 8, 2002.  
Amended by the Board, June 26, 2003.  
Amended by the Board, July 7, 2005.  
Amended by the Board, July 10, 2008.  
Amended by the Board, May 17, 2012.